

Capri-Sun

Fun



LIFE SIZE MODEL OF CHILD

INDOOR ACTIVITY

Get some A3 paper, or even some old newspapers, and neatly tape them together so they cover the height and width of your child. Lay the paper on the floor and get your child to lie on top, draw round them and help them safely cut the model out along the line. Next get some cereal boxes and open them out so they are flat and tape them together like you did with the paper. Glue the model to the cardboard and cut the cardboard so it matches your child's body shape. You can use colouring pens and paints to dress the model.

OUTDOOR ACTIVITY

Gardens offer kids a perfect opportunity for learning about plant life. If you start early enough in the season, you can start the garden from seeds - ideal as the kids can watch the garden grow. Sunflower seeds are great as they grow quite tall. Encourage your children to be responsible for the plant, water and feed it. If you're doing this with more than one child, get them to keep a chart of the growth every few days so they can monitor its progress and see who can get their sunflower to grow the most over the summer.



PLANT A GARDEN

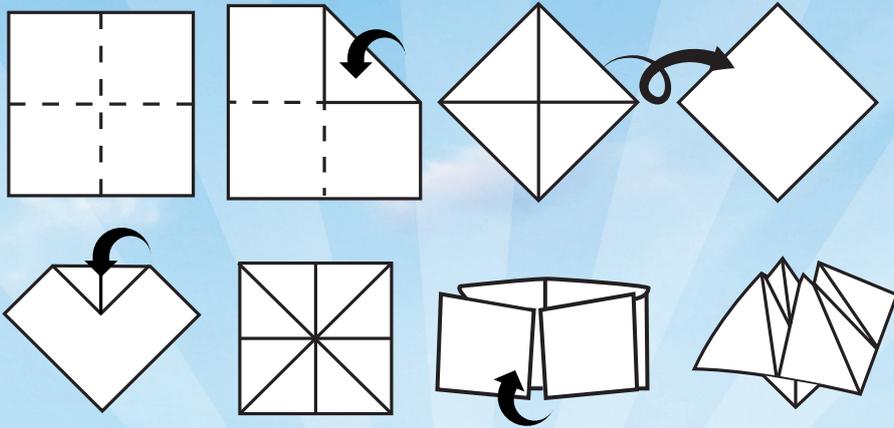


ICE LOLLIES

CAPRI-SUN FUN

If you've already got some ice-lolly moulds, you can simply pour your favourite Capri-Sun flavour straight into the moulds and freeze. If not, you can place the 200ml Capri-Sun straight into the freezer, leave for a few hours and once frozen, you can snip the top off and enjoy it like an ice pop. Lovely!

PAPER FORTUNE TELLER



For those of you that remember making these in the school playground, here's something you and your child will love making together. Print out this template and follow the instructions to make your own fortune teller. Add your own fortunes and see what you will be doing in the future!

